

DEPARTMENT OF PSYCHOLOGY

JUHARI DEVI GIRLS P. G. COLLEGE

CANAL ROAD, KANPUR, U. P.



DR. SADHANA YADAV

Assistant Professor & Head

Teaching Experience: 5 Years, 5 Months (U. G & P. G.)

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ACADEMIC ACHIEVEMENTS

RESEARCH PAPERS PUBLISHED IN JOURNALS

S. N.	Title of the Research Paper	Name of the Journal, ISSN No. & Year of Publication	UGC Approved/ UGC-Care Listed	Wether Peer-Reviewed	Impact Factor if Any
1.	Executive Functioning and Self-Management among People with Type 2 Diabetes	Journal of Positive School Psychology Year – 2022 p-ISSN – 2717-7564	A Scopus Indexed Journal, UGC-Care Listed (Group-II)	Yes
2.	Hindi Version of Behaviour Rating Inventory of Executive Function- Adult Form (BRIF-A)	International Journal of Social Sciences Review Year - 2021		Yes	
3.	COVID-19: Stress and Resilience	Vaichariki: A Multidisciplinary Peer Reviewed Refereed International Research Journal Year – 2020 ISSN – 2249-8907	Yes	(IIJIF) Impact Factor- 3.192
4.	Role of Optimism in Mental Health among Type 2 Diabetics	Jigyasa Year – 2019 ISSN – 0974-7648	UGC Approved Journal No.- 40957	Yes	(IIJIF) Impact Factor- 4.172
5.	Self-efficacy in Diabetes Self-Management: A Critical Review.	Annals of Multi-Disciplinary Research Year - 2018 ISSN- 2249-8893	UGC Approved Journal No. - 48728	Yes	(IIJIF) Impact Factor- 3.034
6.	Diabetes Mellitus: Issues and Challenges	Shodha Pravaha Year – 2017 ISSN - 2231-4113	UGC Approved Journal No.- 49297	Yes	(IIJIF) Impact Factor-

					3.262
7.	Hindi Adaptation of Diabetes Self-Management Questionnaire (DSMQ)	Indian Explorer: Social Sciences & Humanities Year – 2017 ISSN – 2320-2963	UGC Approved Journal No. 43730	Yes
8.	Mental Health Problems and Self-Management among People with Type 2 Diabetes	Indian Journal of Health and Wellbeing Year – 2016 ISSN - p-2229-5356 e-2321-3698	UGC Approved Journal No.- 48865	Yes
9.	Relation of Perceived Illness to Mental Health and Self-Management among Type 2 Diabetics	Journal of Psychological Researches: An International Journal Year-2016 ISSN-0022-3972	Yes
10.	Role of Religiosity in Depression among People with Type 2 Diabetes	United Journal of Awadh Scholars Year-2016 ISSN-0974-0503	UGC Approved Journal No.- 43778	Yes
11.	Self-Management among Type 2 Diabetics in Relation to Self-Efficacy	Indian Journal of Human Relations Year-2016 ISSN-0974-1089		Yes
12.	Role of Self-Efficacy in Mental Health among People with Type 2 Diabetes	Recent Advances in Psychology: An International Journal Year-2015 ISSN-2395-5465	UGC Approved Journal No- 43276	Yes
13.	Role of Religious Belief in Mental Health Problems among People with Type 2 Diabetes, 225-227	Emerging Researcher Year-2015 ISSN-2348-5590			
14.	Translation and Back-Translation of Behaviour Rating Inventory of Executive Function-Adult	Shodh Prerak Year-2020 ISSN-2231-413X		Yes	IJIF - 3.234

	Version (BRIEF-A) Self-Report Form.				
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DETAILS OF FELLOWSHIPS AND AWARDS

S. N.	Details of Fellowships and Awards	Name of the Academic Body or Association	International/National/State/District/University level
1.	ICSSR Doctoral Fellowship Award	ICSSR, New Delhi	National
2.	Best Paper Award in the National Seminar organized by Department of Psychology, Feroz Gandhi College, Raebareli, 7 th & 8 th February, 2020, sponsored by Department of Higher Education, Government of Uttar Pradesh.	Department of Psychology, Feroz Gandhi College, Raebareli & Department of Higher Education, Government of Uttar Pradesh.	National

3.	Research Excellence Award by Institute of Scholars (An ISO 9001:2015 Certified Institute by International Accurate Certification, Accredited by UASL), April 21, 2020.	Institute of Scholars (An ISO 9001:2015 Certified Institute by International Accurate Certification, Accredited by UASL),	National
4.	Incredible Young Academician of India Award, 2021	‘Record Owner Research’, (South Asian Education Awards & Summit)	International
5.	Shikshhak Samman, 2021	Indian Thinkers Society, Kanpur	National

INVITED FOR GUEST LECTURE/KEYNOTE SPEAKER/CHAIR/CO-CHAIR

S. N.	Details of the Programme	Name of the Academic Body	International/National/State/District/University level
1.	Invited as Keynote speaker in International Webinar on “ Elderly Mental Health Issues: Opportunities and Challenges during and after COVID-19 ” held on June 15, 2020, jointly organized by The School of Psychology Nepal,	The School of Psychology Nepal, Association of Psychologists in Nepal, Nasirullah Psychotherapy Unit, Dhaka University, Bangladesh and Psychdesk Foundation, Nepal.	International

	Association of Psychologists in Nepal, Nasirullah Psychotherapy Unit, Dhaka University, Bangladesh and Psychdesk Foundation, Nepal.		
2.	Delivered a Motivational Talk on “Self-Esteem & Mental Health of Women” organized by Unit of Mission Shakti, Brahmanand College, Kanpur, on 22 October, 2022.	Unit of Mission Shakti, Brahmanand College, Kanpur	University Level
3.	Invited as a Resource Person in the National Webinar on “Socio, Economic & Psychological Impact of COVID-19 in India” organized by the National Service Scheme of Maharani Kishori Memorial Kanya Mahavidyalaya, Hariyana, on February 6, 2022.	National Service Scheme of Maharani Kishori Memorial Kanya Mahavidyalaya, Hariyana	National

4.	<p>Co-chaired the scientific session of National Seminar on “Modern Perspectives of Positive Psychology and Health Management in India”, organized by Department of Psychology, Feroz Gandhi College, Raebareli & Sponsored by Department of Higher Education, Government of Uttar Pradesh., February, 7th & 8th, 2020.</p>	<p>Department of Psychology, Feroz Gandhi College, Raebareli & Department of Higher Education, Government of Uttar Pradesh.</p>	<p>National</p>
5.	<p>Delivered lecture on “Psycho-education & Importance of Mental Health” on the occasion of World Mental Health Day, organized by Pious Vision Mental Health Foundation, Kanpur, 15th October, 2022</p>	<p>Pious Vision Mental Health Foundation, Kanpur</p>	<p>District Level</p>
6.	<p>Delivered lectures on “Regression Analysis Using SPSS”, “Use of Computer Software for Data Analysis and Reporting” “U.G.C. Regulation on Plagiarism”, “Documentation and Mechanics of Research Writing” during Pre-Ph.D.</p>	<p>Organized by C. S. J. M. University, Kanpur, U.P. at P.P.N.(P.G.) College, Kanpur</p>	<p>University Level</p>

	Course Work organized by C. S. J. M. University, Kanpur, U.P. at P.P.N.(P.G.) College, Kanpur, Academic Session-2021-2022		
7.	Co-chaired the Scientific Session of ICSSR Sponsored National Seminar on “Empowering Indian Women Through Resilience: Process and Potential” organized by Department of Psychology, P.P.N. (P.G.) College, Kanpur 5 th – 6 th Nov., 2022	Department of Psychology, P.P.N. (P.G.) College, Kanpur	National
8.	Delivered lectures on “Emotion” and “Correlation & Regression Analysis” during Pre-Ph.D. Course Work organized by C. S. J. M. University, Kanpur, U.P. at D. G. College, Kanpur Academic Session-2022-2023	Organized by C. S. J. M. University, Kanpur, U.P. at D. G. College, Kanpur	University Level

RESEARCH GUIDANCE

S. N.	Name of Students	Concerned University	M. Phil. / Ph.D./ Dissertation	Title	Submitted /Awarded
1	Pinki Gautam	C. S. J. M.	Ph. D.	Self-Regulation and	Pursuing

		University, Kanpur, U. P.		Mental Health in relation to Cognitive Dysfunction, Personality Traits, and Self-Esteem among People with Obesity	
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SEMINARS/CONFERENCES/WORKSHOPS/SYMPOSIUMS/WEBINARS

S. N.	Participation Status	International	National	State	University/College
1.	Seminar/Conference (Paper Presentation)	4	11
2.	Seminar/Conference (Participation)	1
3.	Workshop (Participation)	7	
4.	Webinars (Organizing Secretary)	2
5.	Workshop (Convener)	2